



Northwest ENT
and Allergy Center
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770-427-0368

AFTER SURGERY INSTRUCTIONS

LARYNGEAL SURGERY

WHAT TO EXPECT

- Hoarseness, cough, sore throat.
- Coughing small amounts of blood.

SPECIAL INSTRUCTIONS

- Voice rest for 24-48 hours. After this a moderate speaking voice is recommended.
- Avoid whispering as this caused vocal strain and prolongs healing.
- Do not smoke especially during the first week after surgery.

MEDICATION

- Acetaminophen (Tylenol or equivalent) and / or Ibuprofen (Motrin) is adequate for pain control after surgery.
- Antibiotics are not prescribed due to side effects and lack of benefit.

ACTIVITY

- No restrictions.

DIET

- Start with cool liquids and advance to soft diet as tolerated.

POST OP APPOINTMENT

- Usually 1-2 weeks after surgery.

WHEN TO CALL

- Call office during routine hours for questions or concerns.
- After hours calls should be limited to urgent problems such as difficulty breathing or swallowing, excessive pain or bleeding.