



Northwest ENT
and Allergy Center
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770-427-0368

AFTER SURGERY INSTRUCTIONS

ADENOIDECTOMY

WHAT TO EXPECT

- Minimal pain.
- Low grade fever.
- Temporary nasal voice.
- Ear pain.
- Nasal drainage and mouth breathing may persist for several weeks until healing fully complete.

SPECIAL INSTRUCTIONS

- A small amount of bleeding from the nose or mouth often occurs during the first 24 hours. Call and/or go to the hospital emergency room for excessive bleeding.

MEDICATION

- No pain medication is usually necessary.
- Pediatric acetaminophen (Tylenol or similar) and ibuprofen (Motrin or similar) may be used either together or alternating at recommended dose for age and weight if necessary.
- Do not use aspirin.
- Antibiotics are not prescribed due to side effects and lack of benefit.

ACTIVITY

- No restrictions.

DIET

- No restrictions.

POST OP APPOINTMENT

- Usually 2 weeks after surgery.

WHEN TO CALL

- Call office during routine hours for questions, concerns, changes, or refills of any medication.
- After hours calls should be limited to urgent problems such as excessive bleeding.