



770-427-0368

Thyroid/Parathyroid Surgery

POST OPERATIVE INSTRUCTIONS

WHAT TO EXPECT

- Localized pain and swelling

SPECIAL INSTRUCTIONS

- You may shower/ without restrictions
- A drain may be left in place and instructions will be given how to care for this drain and when to return to have it removed

MEDICATION

- Use prescribed pain medication as needed.

ACTIVITY

- Reduced for one week.

DIET

- No restrictions.

POST OP APPOINTMENT

- Usually 1 week after surgery.
- If a drain is left in place you will need to be seen in the office the next business day for removal.

WHEN TO CALL

- Call office during routine hours for questions, concerns, changes or refills of any medication. Make sure there is enough pain medication to avoid after hours calls.
- If you develop shortness of breath
- If you have numbness or tingling of your lips, fingers or extremities
- After hours calls should be limited to urgent problems such as excessive bleeding, pain, or fever over 102 that does not respond to fluids and Tylenol.