



770-427-0368

LARYNGEAL SURGERY

POST OPERATIVE INSTRUCTIONS

WHAT TO EXPECT

- hoarseness, cough, sore throat
- coughing small amounts of blood

SPECIAL INSTRUCTIONS

- Voice rest is important for 48 hours. After this, a moderate speaking voice is recommended. Avoid vocal strain and especially do not whisper after surgery as this causes vocal strain.
- Do not smoke especially during the first week after surgery.

MEDICATION

- Use prescription pain medication, Tylenol, or Motrin as necessary.

ACTIVITY

- No restrictions.

DIET

- No restrictions.

POST OP APPOINTMENT

- Usually 1-2 weeks after surgery.

WHEN TO CALL

- Call office during routine hours for questions, concerns, changes or refills of any medication. Make sure there is enough pain medication to avoid after hours calls.
- After hours calls should be limited to urgent problems such as difficulty breathing or swallowing, excessive pain or bleeding.