



770-427-0368

ADENOIDECTOMY

POST OPERATIVE INSTRUCTIONS

WHAT TO EXPECT

- minimal pain
- low grade fever
- temporary nasal voice
- mild ear pain
- nasal drainage

SPECIAL INSTRUCTIONS

- A small amount of bleeding from the nose or mouth often occurs during the first 24 hours. Call and/or go to the hospital emergency room for excessive bleeding.

MEDICATION

- Tylenol usually adequate.
- Antibiotics are not prescribed.

ACTIVITY

- No restrictions.

DIET

- No restrictions.

POST OP APPOINTMENT

- Usually 2 weeks after surgery.

WHEN TO CALL

- Call office during routine hours for questions, concerns, changes or refills of any medication.
- After hours calls should be limited to urgent problems such as excessive bleeding, or fever over 102 that does not respond to fluids and Tylenol.